Tilbury Tots Early Learning Centre — November 2026

Mon	Tue	Wed	Thu	Fri
02 Mandarin Oranges with Arrowroot Water Spaghetti with Meat Sauce(beef) & fruit Water & Milk Crackers & Fruit Water	03 Yogurt with Granola Water Potato & Corn Chowder with a buttered bun & fruit Water & Milk Mixed Berry Loaf Water	04 Cereal & Milk with Banana's Water Cheesy Taco Skillet Bake & fruit Water Pumpkin Energy Bites Water	05 English Muffin & jam Water Tomato Mac Soup & Grilled Cheese with fruit Water & Milk Crackers & Veggies Water	06 Carrot Spice Loaf Water Ham & Scalloped potatoes served with veg & fruit Water & Milk Pumpkin Cookies Water
09 Applesauce & Rice Cakes with Honey & Cinnamon Water Chicken Stroganoff with mixed veggies & fruit Water & Milk Fruit & Arrowroot Water	10 Yogurt & Graham Crackers Water Italian Wedding Soup served with buttered bun & fruit Water & Milk Blueberry Muffins Water	11 Banana Bread & Fruit Water Meatballs with Mashed potatoes, gravy & mixed veggies with fruit Water & Milk Cereal Bars & Fruit Water	12 Bagels with butter Water Shephard's pie served with fruit Water & Milk Pumpkin Chocolate Loaf Water	13 Orange Oatmeal Muffins Water Pork Fried Rice with mixed veggies & fruit Water & Milk Molasses Cookies Water
16 Applesauce & Graham Crackers Water Chicken Chili with Buttered Bun and Fruit Milk/Water Crackers & Fruit Water	17 Yogurt with Granola Water Meatloaf & Mashed Potatoes with Gravy & Fruit Water & Milk Pumpkin Pie Dip with Graham Crackers Water	18 Cereal & Milk Water Tuna Noodle Casserole with veggies & fruit Water & milk Banana Muffins Water	19 Chocolate Zucchini Loaf Water Chicken & gravy over rice with veggies & fruit Water & Milk Graham Crackers & Fruit & Water	20 Banana Cookies Water Sweet Potato Mac & Cheese with fruit Water & Milk Cheese Sandwiches Water
23 Applesauce & Graham Crackers Water Cream of Chicken Soup, Pork & Rice bake with mixed veggies & fruit Water & Milk Goldfish & Fruit Water	24 Yogurt & Arrowroot Cookies Water Beef Vegetable Soup (Goulash) & Fruit Water & Milk Bretons & Fruit Water	25 Pumpkin Bread & Fruit Water Chicken Pot Pie Stew & Fruit Water & Milk Cereal Bars & Fruit Water	26 Raisin Toast with butter & fruit Water Sloppy Joes on a bun with veggie & fruit Water & milk Pumpkin Chocolate Brownies Water	27 Apple Oatmeal Muffins Water Chicken Broccoli Alfredo with buttered bun & fruit Water & Milk Cheese & Crackers Water
30 Mandarin Oranges with Arrowroot Water Spaghetti with Meat Sauce(beef) & fruit Water & Milk Crackers & Fruit Water				