

# Tilbury Tots Early Learning Centre

# April 2026

Mon	Tue	Wed	Thu	Fri
		01 Cereal & Milk Water  Chicken Cacciatore w/ Noodles, Veggies, Fruit Water  Arrowroot Cookies Greek Yogurt Apple Dip, Water	02 Lemon Sprinkle Loaf with Fruit Water  Naan Pepperoni Pizza served with Veggies, Fruit Water/Milk  Chocolate Rice Krispie Bar with Fruit Water	03 Raisin Bread, Fruit Water  Shepherds Pie w/ Buttered Bun, Fruit Water/Milk  Cheese & Saltine Crackers, Water
06 Applesauce, Graham Crackers, Water  Spaghetti & Meat Sauce, Veggies, Fruit Water/Milk  Flavoured Crackers, Fruit, Water	07 Yogurt and Granola Water  Bean & Rice Enchillada Casserole Buttered Bread, Fruit Water/Milk  Naan Bread & Hummus, Water	08 Cereal & Milk Water  Chicken Broccoli Alfredo Pasta, Veggies, Fruit Water  Arrowroot Cookies Fruit, Water	09 Blueberry Lemon Muffins with Fruit Water  Pancakes and Sausage with Blueberry Sauce served with Veggies and Fruit Milk/Water  Oatmeal Cookies with Fruit Water	10 Buttered Toast, Fruit Water  Meatloaf, Mashed Potatoes, Veggies Fruit Water/Milk  Cheese and Saltine Crackers, Water
13 Mandarin Oranges Graham Crackers Water  Beef Stroganoff Veggies, Fruit Water/Milk  Flavoured Crackers, Fresh Veggies Water	14 Yogurt, Granola Water  Potato & Corn Chowder, Buttered Bun, Fruit Water/Milk  Jam Sandwiches served with Fruit Water	15 Cereal & Milk Water  Chicken Quesidillas Sour Cream, Veggies Fruit Water  Arrowroot Cookies, Fruit, Water	16 Carrot Muffins, Fruit Water  Pumpkin Macaroni & Cheese, Veggies, Fruit Water/Milk  Chocolate Zucchini Loaf, Fruit Water	17 Buttered Bagels Fruit Water  Meatballs & Gravy w/Rice, Veggies, Fruit Water/Milk  Cheese & Saltine Crackers, Water
20 Applesauce & Graham Crackers, Water  Philly Cheesesteak Pasta, Veggies, Fruit Water/Milk  Flavoured Crackers Fruit, Water	21 Yogurt & Granola Water  Potato & Mushroom Stew w/Buttered Bun Fruit Water/Milk  Ham Salad Sandwiches Water	22 Cereal & Milk Water  Chicken Veg Noodle Soup w/Buttered Bun Fruit Water  Goldfish, Fruit Water	23 Apple Oatmeal Muffins, Fruit Water  Seasoned Pork & Fried Rice Veggies & Fruit Water/Milk  Pumpkin Muffins, Fruit Water	24 English Muffins with Butter, Fruit Water  Tomato Mac Soup Grilled Cheese Fruit Water/milk  Cheese and Saltine Crackers, Water
27 Mandarin Oranges, Graham Crackers Water  Beef Veg Noodle Soup with buttered bun, fruit Water/Fruit  Flavoured Crackers, Fresh Veggies Water	28 Yogurt & Granola Water  Ham & Diced Sweet Potatoes, Veggies, Fruit Water/Milk  Cheese Sandwiches Water	29 Cereal & Milk Water  Chicken Cacciatore w/ Noodles, Veggies, Fruit Water  Arrowroot Cookies Greek Yogurt Apple Dip, Water	30 Banana Loaf, Fruit Water  Sweet & Sour Pork With Rice Veggies, Fruit Water/Milk  Black Bean Brownies, Fruit Water	