

Tilbury Tots Early Learning Centre

November 2025

Mon	Tue	Wed	Thu	Fri
03 Applesauce & Graham Crackers Water Spaghetti & Meat Sauce & Veggies & Fruit Water/Milk Flavoured Crackers & Fruit Water	04 Yogurt & Granola Water Bean & Rice Enchillada Casserole W/Buttered Bread & Fruit Water/Milk Naan Bread & Hummus Water	05 Cereal & Milk Water Chicken Broccoli Alfredo Pasta & Veggies & Fruit Water Arrowroot Cookies & Fruit Water	06 Blueberry Lemon Muffins & Fruit Water Pancakes & Sausages W/Blueberry Sauce & Veggies & Fruit Water/Milk Oatmeal Cookies & Fruit Water	07 Toast W/Butter & Fruit Water Meatloaf & Mashed potatoes Veggies & Fruit Water/Milk Cheese & Saltine Crackers Water
10 Mandarin Oranges with Graham Crackers Water Beef Stroganoff with Veggies and Fruit Water/Milk Flavoured Crackers and Fruit Water	11 Yogurt and Graham cracker Water Potato and Corn Chowder with a Buttered Bun Fruit Water/Milk Jam Sandwiches and Fruit Water	12 Cereal and Milk Water Chicken Quesadillas with Sour Cream Veggies and Fruit Water/ Milk Arrowroot Cookies and Fruit Water	13 Carrot Muffins and Fruit Water Pumpkin Macaroni and Cheese with Veggies and Fruit Water/Milk Chocolate Zucchini Loaf and Fruit Water	14 Bagels W/Butter & Fruit & Water Meatballs & Gravy W/Rice & Veggies & Fruit Water/Milk Cheese & Saltine Crackers Water
17 Applesauce & Graham Crackers Water Philly Cheesesteak Pasta & Veggies & Fruit Water/Milk Flavoured Crackers & Fruit Water	18 Yogurt & Granola & Water Potato & Veg Curry W/Naan Bread & Fruit Water/Milk Ham Salad Sandwiches Water	19 Cereal & Milk Water Chicken Vegetable Noodle Soup W/Buttered Bun & Fruit Water Goldfish & Fruit Water	20 Apple Oatmeal Muffins & Fruit Water Seasoned Pork & Fried Rice & Veggies & Fruit Water/Milk Pumpkin Muffins & Fruit Water	21 English Muffins W/Butter & Fruit Water Tomato Mac Soup & Grilled Cheese & Fruit Water/Milk Saltine Crackers & Cheese Water
24 Mandarin Oranges & Graham Crackers Water Beef Vegetable Noodle Soup W/Buttered Bun & Fruit Water/Milk Flavoured Crackers & Fresh Veggies Water	25 Yogurt & Graham Cracker & Water Ham & Diced Sweet Potatoes & Veggies & Fruit Water/Milk Cheese Sandwiches Water	26 Cereal & Milk Water Chicken Cacciatore W/Egg Noodles & Veggies & Fruit Water Arrowroot Cookies & Greek Yogurt Apple Dip Water	27 Banana Loaf & Fruit Water Sweet & Sour Pork W/Rice & Veggies & Fruit Water/Milk Black Bean Brownies & Fruit Water	28 Raisin Bread & Fruit Water Shepherds Pie W/Buttered Bread & Fruit Water/Milk Cheese & Saltine Crackers Water