

Tilbury Tots Early Learning Centre

February 2024

Mon	Tue	Wed	Thu	Fri
			01 Blueberry Loaf & Fruit Water Tomato Mac Soup & Grilled Cheese & Fruit Water/Milk Oatmeal Cookies & Fruit Water	02 Banana Loaf & Fruit Water Southwest Wrap W/Sour Cream & Salsa & Fruit Water/Milk Jam Sandwich & Fruit Water
05 Applesauce & Graham Crackers Water Sloppy Joes On a Bun & Veg & Fruit Water/Milk Crackers & Veggie Sticks Water	06 Yogurt & Fruit Water Chicken Broccoli Alfredo & Fruit Water/Milk Arrowroot Cookie & Fruit Water	07 Cereal & Milk Water Carrot & Sweet Potato Soup & Cheese Sandwich & Fruit Water Gold Fish & Fruit Water	08 Sheet Pancake & Fruit Water Lentil Bolognese Pasta & Fruit Water/Milk Pumpkin Bread & Fruit Water	09 Oatmeal Loaf & Fruit Water Cabbage Roll Casserole W/Bread & Fruit Water Cheese & Crackers Water
12 Applesauce & Graham Crackers Water Beef Chili W/ Buttered Toast & Fruit Water/Milk Crackers & Fruit Water	13 Arrowroot Cookie & Fruit Water Macaroni & Cheese W/Ham & Veg & Fruit Water/Milk Yogurt & Fruit Water	14 Cereal & Milk Water Pizza Quesadillas W/Pizza Sauce & Veg & Fruit Water Graham Crackers & Fruit Water	15 Lemon Loaf & Fruit Water Chicken Vegetable Noodle Soup W/Bun & Fruit Water/Milk Bean Brownie & Fruit Water	16 Sweet Potato Loaf & Fruit Water Seasoned Pork & Vegetable Fried Rice & Fruit Water/Milk Cheese Sandwich Water
19 Applesauce & Graham Crackers Water Beef Stroganoff & Veggies & Fruit Water/Milk Crackers & Veggie Sticks Water	20 Yogurt Parfait Water Gravy Chicken W/Rice & Veg & Fruit Water/Milk Arrowroot Cookie & Fruit Water	21 Cereal & Milk Water Minestrone Soup & Bun & Fruit Water Rice Krispie Squares & Fruit Water	22 Orange Loaf & Fruit Water Sweet Potato Hash W/Ham & Eggs & Fruit Water/Milk Chocolate Zucchini Loaf & Fruit Water	23 Carrot Spice Loaf & Fruit Water Tuna Noodle Casserole & Bread & Fruit Water/Milk Cheese & Crackers Water
26 Applesauce & Graham Crackers Water Spaghetti & Meat Sauce & Veg & Fruit Water/Milk Crackers & Fruit Water	27 Over Night Oats & Fruit Water Tuscan Chicken Pasta & Veg & Fruit Water/Milk Yogurt & Fruit Water	28 Cereal & Milk Water Mushroom Pork Casserole & Veg & Fruit Water Graham Crackers & Fruit Water	29 Blueberry Loaf & Fruit Water Tomato Mac Soup & Grilled Cheese & Fruit Water/Milk Oatmeal Cookies & Fruit Water	